Headteacher: Mr M Grogan

St George's Central CE Primary School and Nursery

Subject Overview for Physical Education 2023-2025

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2-3	What can I do with my body?					
year olds	Outdoor physical play daily including apparatus and climbing. Physical sessions incorporating music and movement. Field play in summer term.					
3-4	What can I do with my body?					
year olds	Outdoor physical play daily. Indoor hall sessions daily throughout the year incorporating music and movement, gymnastics, large and small apparatus skills. Field athletics.					
R	Gymnastics : How do	I travel in different ways? Dance: How do I move to a beat? Games: How do I use my body to play different games?				
Y1/2	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
	What happens if	How might	How might I order	How do I compare	How might I	How do I exercise safely?
	I don't succeed?	I encourage others?	movement and skills?	and develop?	perform a sequence?	
	Multi-Skills	Ball Skills	Multi-Skills	Ball Skills	Athletics/OAA	
	What is meant by balance	What is the best way to	How can I change	Have you seen my	How do we	go for gold?
	and coordination?	throw and catch?	the way I travel?	moving and passing skills?		
Y3/4	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
	How do I show	What does it mean	How might I	How might I change	How do I perform	Why does our body change
	responsibility?	to work as a team?	explain simple tactics?	the way I respond?	with control?	during exercise?
	Ball Skills	Striking and Fielding	Invasion Games		Swimming	
	How many ways can you	Which sports involve	What does it take to win?	I =	eing able to swim? How do I s	
	throw and catch?	striking a ball?		What makes a confident/ competent swimmer? How can we be safe in the water?		
Y5/6	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
	How do I embrace	How do I organise	How do I judge effectively?	How do I refine a	How can I link	How do I stay healthy?
	challenge?	and guide others?		performance?	movements with quality?	
	Invasion Games	Invasion Games	Invasion Games	Ball Skills	Athletics/OAA	Athletics/OAA
	What are the best	Why is Lionel Messi such a	What is 'reading a game'	Does practise	What does it take to	How do I achieve my
	ways to defend?	great attacker?	and why is it so important?	make perfect?	be an Olympian?	personal best?
ATSA competitions	Y5/6 QuicksticksY3/4 Futsal	KS2 Kurling KS2 Kurling	Football Leagues	 MUFC Tournaments KS1 Dance 	KS2 Water Polo Gide/ Faceball Const	Tri-Kidz Challenge Code Code de Code
competitions	KS2 Cross Country	Y5/6 VX CompY5/6 Basketball	KS1 AthleticsKS2 Cross Country	KS1 Dance KS2 Swimming Gala	 Girls' Football Cup KS1 Football Festival 	Cycle SpeedwayKS2 Kwik Cricket
	NSZ Cross Country	KS2 Dance	Y5/6 Dodgeball	NS2 Swiffining Gala	Y5/6 Rounders	KS2 RWR CHERCE KS2 Football Cup
			KS1 Kurling		 Netball League 	Y3/4 Rounders
			Y3/4 Quicksticks			KS2 Rugby
2022/23	Women's World Cup (Rugby)	FIFA World Cup	Six Nations (Rugby)	Cricket World Cup	Invictus Games	Netball World Cup
Events	Women's T20 World Cup (Cricket)		Hockey World Cup	Masters (Golf)	French Open (Tennis)	Women's World Cup (Football)
2023/24	Ryder Cup (golf)	European Gymnastics	Australian Open (tennis)	UEFA Nations League	Euro 2024	2024 France Olympics
Events	Men's Rugby World Cup		African Cup of Nations	Masters (Golf)	T20 World Cup Cricket	Wimbledon (tennis)

'Never settle for less than your best'